

| | | Septembre 2018 | | | Octobre 2018 | | | Novembre 2018 | | | Décembre 2018 | | | | |
|---|----|--------------------------------------|---|----|------------------------------------|-------------------------------------|-----------------|---------------|--|-----------------------|---|----|---|--|---|
| S | 1 | | | L | 1 | ENT ADULTES 1 | | J | 1 | | S | 1 | N3A - Lorient / Sautron 1 / Gradignan 2 | N3B - Tours / Bordeaux / Sautron 2 | |
| D | 2 | | | M | 2 | | | V | 2 | | D | 2 | 2ème Journée R1/R2/R3 | | |
| L | 3 | | OPEN INTERNATIONAL DE SQUASH DE NANTES 2018 | M | 3 | ENT ADULTES 1 | ECOLE DE SQUASH | S | 3 | | L | 3 | ENT ADULTES 1 | | |
| M | 4 | | | J | 4 | | | D | 4 | | M | 4 | TOURNOI COSTAUDS | | |
| M | 5 | | | V | 5 | | | L | 5 | ENT ADULTES 1 | | M | 5 | ENT ADULTES 1 | ECOLE DE SQUASH |
| J | 6 | | | S | 6 | OPEN REGIONAL SAUTRON | | M | 6 | | J | 6 | | | |
| V | 7 | | | D | 7 | Open d'1 jour Coulaines | | M | 7 | ENT ADULTES 1 | ECOLE DE SQUASH | V | 7 | Open du vendredi Squash&Co | |
| S | 8 | | | L | 8 | ENT ADULTES 1 | | J | 8 | | | S | 8 | CHAMPIONNAT DE FRANCE Séries - Escures | CHAMPIONNAT DE FRANCE 5ème Séries - Blois |
| D | 9 | | | M | 9 | | | V | 9 | | | D | 9 | Open d'1 jour Le Mans | |
| L | 10 | | | M | 10 | ENT ADULTES 1 | ECOLE DE SQUASH | S | 10 | 1ère Journée R1/R2/R3 | N3A - Sautron 1 / Vincennes 2 / Blagnac | L | 10 | ENT ADULTES 2 | |
| M | 11 | | J | 11 | | | D | 11 | | | M | 11 | | | |
| M | 12 | | V | 12 | ECOLE DE SQUASH | | L | 12 | ENT ADULTES 1 | | M | 12 | ENT ADULTES 2 | ECOLE DE SQUASH | |
| J | 13 | | S | 13 | CHAMP LIGUE 3ème série - La Fleche | | M | 13 | | | J | 13 | | | |
| V | 14 | | D | 14 | | | M | 14 | ENT ADULTES 1 | ECOLE DE SQUASH | V | 14 | | | |
| S | 15 | | L | 15 | ENT ADULTES 1 | | J | 15 | | | S | 15 | Open d'1 jour Rezé | CHAMPIONNAT DE France Jeunes -11 / -15 SAUTRON | |
| D | 16 | Open d'1 jour La Flèche | M | 16 | | TOURNOI COSTAUDS | V | 16 | | | D | 16 | | | |
| L | 17 | | M | 17 | ENT ADULTES 1 | ECOLE DE SQUASH | S | 17 | Open d'1 jour Squash & Co | | L | 17 | ENT ADULTES 2 | | |
| M | 18 | | J | 18 | | | D | 18 | | | M | 18 | | | |
| M | 19 | | V | 19 | ENT ADULTES 1 | ECOLE DE SQUASH | L | 19 | ENT ADULTES 1 | | M | 19 | ENT ADULTES 2 | ECOLE DE SQUASH | |
| J | 20 | | S | 20 | CHAMP LIGUE 5ème série Squash & Co | | M | 20 | | | J | 20 | | | |
| V | 21 | Open du vendredi Rezé | D | 21 | | | M | 21 | ENT ADULTES 1 | ECOLE DE SQUASH | V | 21 | | | |
| S | 22 | | L | 22 | | | J | 22 | | | S | 22 | | | |
| D | 23 | OPEN Le Mans | M | 23 | | | V | 23 | Open du vendredi Rezé | | D | 23 | Open d'1 jour La Flèche | | |
| L | 24 | | M | 24 | ENT ADULTES 1 | | S | 24 | CHAMP LIGUE Par équipe vétérans - Jeunes - SAUTRON | | | L | 24 | | |
| M | 25 | | J | 25 | | | D | 25 | | | M | 25 | noel | | |
| M | 26 | | V | 26 | ENT ADULTES 1 | ECOLE DE SQUASH | L | 26 | ENT ADULTES 1 | | M | 26 | | | |
| J | 27 | | S | 27 | | CHAMPIONNAT DE FRANCE U19 - Antibes | M | 27 | | | J | 27 | | | |
| V | 28 | | D | 28 | | | M | 28 | ENT ADULTES 1 | ECOLE DE SQUASH | V | 28 | | | |
| S | 29 | OPEN SQUASH YONNAIS La Roche Sur Yon | L | 29 | | | J | 29 | | | S | 29 | | | |
| D | 30 | | M | 30 | | | V | 30 | TOURNOI LOISIRS | | D | 30 | | | |
| | | | M | 31 | | | L | 31 | | | L | 31 | | | |

| | | Mai 2019 | | | | | Juin 2019 | | | | | Juillet 2019 | | |
|---|----|--------------------------------------|--|------------------------|---|----|--------------------------------|---|---|---|----|-----------------------------|--|--|
| M | 1 | Fête du travail | | | S | 1 | | INDIVIDUEL VETERANS | | L | 1 | | | |
| J | 2 | | | | D | 2 | | | | M | 2 | | | |
| V | 3 | | CHAMPIONNAT DE France INTERCLUB JEUNES - Squash 95 | | L | 3 | | | | M | 3 | | | |
| S | 4 | CHAMP LIGUE PDL 100 % FEMMES Le Mans | | | M | 4 | | | | J | 4 | | | |
| D | 5 | | | | M | 5 | | | | V | 5 | | | |
| L | 6 | | ENT ADULTES 3 | | J | 6 | | | | S | 6 | OPEN ETE SAUTRON | | |
| M | 7 | | ENT ADULTES 3 | | V | 7 | | | | D | 7 | | | |
| M | 8 | Open d'1 jour Le Mans | | ARMISTICE | S | 8 | Open d'1 jour La Roche sur Yon | CHAMPIONNAT DE FRANCE ENTREPRISES - Maxeville | | L | 8 | | | |
| J | 9 | | | | D | 9 | | | | M | 9 | | | |
| V | 10 | | TOURNOI LOISIRS | | L | 10 | | | | M | 10 | | | |
| S | 11 | Open La Flèche | | | M | 11 | | | | J | 11 | | | |
| D | 12 | | | | M | 12 | | | | V | 12 | | | |
| L | 13 | | ENT ADULTES 3 | | J | 13 | | | | S | 13 | | | |
| M | 14 | | | | V | 14 | | | | D | 14 | | | |
| M | 15 | | ENT ADULTES 3 | ECOLE DE SQUASH | S | 15 | Open d'1 jour Rezé | CHAMPIONNAT DE France play offs N1-N2-N3 / Bordeaux | PLAY OFF des Champions de Ligue - Royan | L | 15 | | | |
| J | 16 | | | | D | 16 | | | | M | 16 | | | |
| V | 17 | Open du vendredi Rezé | | | L | 3 | | | | M | 17 | | | |
| S | 18 | | | KARAKAL JEUNES Le Mans | M | 18 | | TOURNOI COSTAIDS | | J | 18 | | | |
| D | 19 | | | | M | 19 | | | | V | 19 | | | |
| L | 20 | | ENT ADULTES 3 | | J | 20 | | | | S | 20 | OPEN National Homme Le Mans | | |
| M | 21 | PENTECOTE | | | V | 21 | | | | D | 21 | | | |
| M | 22 | | ENT ADULTES 3 | ECOLE DE SQUASH | S | 22 | | | | L | 22 | | | |
| J | 23 | | | | D | 23 | Open d'1 jour Le Mans | | | M | 23 | | | |
| V | 24 | | | | L | 24 | | | | M | 24 | | | |
| S | 25 | | | | M | 25 | | | | J | 25 | | | |
| D | 26 | | | | M | 26 | | | | V | 26 | | | |
| L | 27 | | ENT ADULTES 3 | | J | 27 | | | | S | 27 | | | |
| M | 28 | | TOURNOI COSTAIDS | | V | 28 | TOURNOI LOISIRS | CHAMPIONNAT DE France INTERLIGUES VETERANS - | | D | 28 | | | |
| M | 29 | | ENT ADULTES 3 | ECOLE DE SQUASH | S | 29 | Open Comité de la Sarthe | | | L | 29 | | | |
| J | 30 | | | | D | 30 | | | | M | 30 | | | |
| V | 31 | | CHAMPIONNAT DE France INDIV VETERANS - Bondues | | | | | | | M | 31 | | | |